

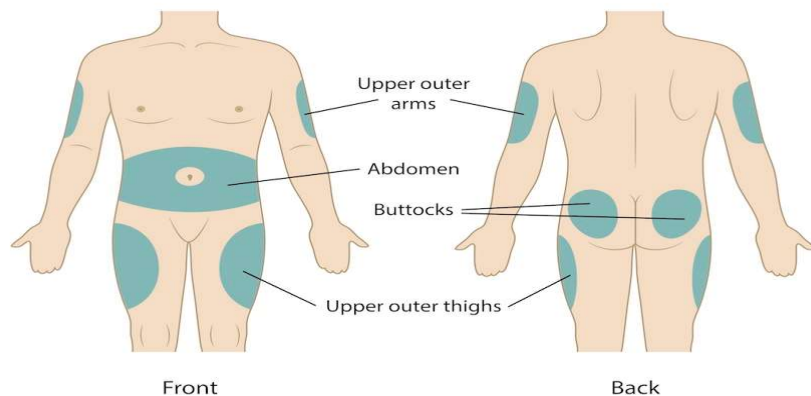
PACKAGE CONTENTS

- Prescription medication with directions for use
- Medication guide
- x4 luer lock syringes
- x6 30 gauge 1/2" needles
- x8 sterile alcohol wipes

STORAGE CONDITIONS

Please store this medication in the refrigerator. Once vial is punctured, please discard after 30 days.

BODY SITES FOR SUBCUTANEOUS INJECTION



SELF INJECTION GUIDE

What to Have Ready:

- Vial (small bottle) of medication
- Sterile disposable syringe and needle
- Alcohol swab, cotton ball or tissue
- Hard plastic resealable container (Sharp's) to dispose of used needle and syringe

SELF INJECTION GUIDE (CONTINUED)

Preparing for your Injection:

- Wash your hands with soap and water.
- Gather all the items you need and take them to a table.
- Check medication name and expiration date on the vial.
- Check the amount of medication to be taken.

Filling the Syringe

1. Remove plastic flip-top from vial.
2. Clean the rubber stopper of vial with an alcohol swab. Fig 1
3. Unwrap the needle and syringe and join them together tightly
4. Put air into the syringe by pulling down on the plunger of the syringe to the amount of medication to be taken. Fig 2
5. With the vial upright, put the needle into the rubber stopper and inject air into the vial. Fig 3
6. Turn the vial upside down. Fig 4
7. Pull back the plunger to beyond the prescribed dose level. Make sure the end of the needle is in the liquid. Fig 5
8. "Flick" syringe to remove air bubbles with your fingers or a pen.
9. Move the plunger to the prescribed dose level on the syringe.
10. Turn vial upright and remove needle
11. Rest syringe on needle cap or put the needle cover back on the needle

Subcutaneous (SC) Self-Injection:

1. Pick up the syringe. If needed, remove the needle cover. Hold the syringe with the needle up and push the plunger just slightly so that you can see a drop of liquid at the end of the needle.
2. Pinch your skin and fat tissue with your nondominant hand. Fig 6
3. Hold the syringe in your dominant (stronger) hand, as if holding a pencil, one inch above the injection site at a 90 degree angle to the skin. Quickly dart (stab) the needle through the skin into the fat tissue.
4. Use your non-dominant (weaker) hand to slowly push down on the plunger to inject the medication.
5. Quickly pull the needle out. You may have slight bleeding from the site. This usually means you have broken a small blood vessel under the skin. Press gently on the site.

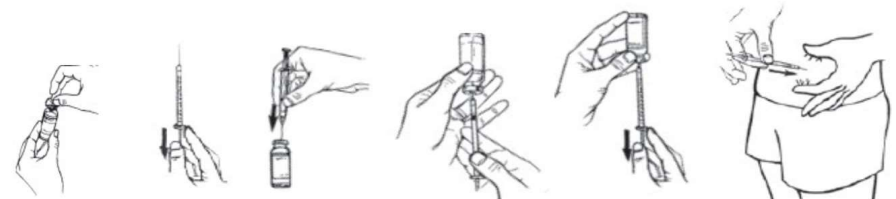


Fig 1

fig 2

fig 3

fig 4

fig 5

fig 6